

Seat Post Assembly Instructions



Tools needed: 5mm Allen Wrench, Torque Wrench, Synthetic Grease (very small amount)



Step 5) Slide seat post head with upper cradle between the rails of the saddle. Start from the back of the saddle with post rotated 90°.



Step 1) Disassemble your seat post by loosening the bolt and removing the 2 wedges.



Step 6) Install lower rail cradle.



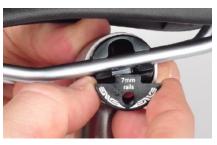
Step 2) Remove lower rail cradle. Leave upper cradle installed in post head.



Step 7) Firmly hold lower cradle in place.



Step 3) Apply very light coating of grease to each sliding wedge interface. You'll need these in step 8. (*** See Note.)



Step 8) Slide in the left side wedge w/ greased surface interfacing with the lower rail cradle, and hold in place.



Do not grease the bottom of the wedges that interface with the seat post barrel. This can cause saddle slipping issues.



Step 9) With your other hand, pick up the right side wedge w/ bolt and line it up with the left wedge. Pinch assembly to hold it all in place.



Step 4) Apply grease to the threads of the bolt and insert the bolt into the non threaded wedge. You'll need this in step 9.



Step 10) Begin to tighten. Adjust saddle angle and position. Once desired position is achieved, tighten bolt to 8-12 Nm (71-106 in-lbs, 5.9-8.8 ft-lbs)